



## Packing List | Faith & Future Utah Youth Trip

Trip Dates: April 2–5, 2026

Locations: Utah (Salt Lake City, Provo, Orem)

Organization: Gathering of Tribes

### Pack Light – Bring Only What You Can Carry Yourself

This trip includes walking, outdoor activities, campus visits, and church attendance. Please pack simple, comfortable, modest clothing and be prepared for changing weather.

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### Important Reminders

- Pack **light baggage only**
  - Bring **comfortable walking clothes**
  - Bring **warm layers** (Utah mornings and evenings can be cold)
  - Youth are responsible for carrying their own belongings
  - Phones will be stored during the **Digital Detox**
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### Clothing (Everyday / Walking)

- 3–4 comfortable outfits
  - 1–2 pairs of jeans or pants
  - Athletic wear (optional)
  - 4–5 pairs of underwear
  - 4–5 pairs of socks
  - Comfortable walking shoes (required)
  - Sleepwear
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### Church & Temple Clothing

Please bring modest clothing suitable for Sunday worship and temple attendance.

Options include:

- Dress or skirt **OR**
  - Slacks with modest top or button-up shirt
  - Church shoes
  - Ribbon dress or traditional cultural attire** (encouraged if you have one)
  - Temple clothing (if participating)
  - Temple recommend (if applicable)
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## **Warm Clothing (Required)**

Weather may be cool, especially mornings and evenings.

- Warm jacket or coat
  - Hoodie or sweatshirt
  - Long-sleeve shirts
  - Hat or gloves (optional)
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## **Personal Items**

- Reusable water bottle
  - Small backpack or day bag
  - Personal hygiene items:
    - Toothbrush & toothpaste
    - Deodorant
    - Hairbrush
    - Travel-size shampoo/soap
    - Feminine hygiene products (if needed)
  - Prescription medications (labeled) – Please fill out prescription form.
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## **Misc. Items**

- Journal and pen
  - Book for quiet time
  - Sunglasses
  - Small blanket for the bus
  - Non-messy snacks (optional)
  - Hydro-flask / water bottle
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## **Do Not Bring**

- Expensive jewelry
- Large amounts of cash
- Gaming devices or electronics